

## ADVENTURE & TEAMBUILDING ON MALLORCA

Port Soller nestles beautifully between the mountains of Serra de Tramuntana and the Mediterranean. It is the perfect place for alpine activities. This package allows you to try 3 different adventure activities during 3 days, one per day for approx 4 hours each day. You will get to try - Hiking, Mountain Biking & Canyoning. All necessary equipment, our guide (a certified alpine guide) and insurance is included.



4 nights at a 3 star hotel with pool in Port Sóller situated close to the harbour and beach, including half-board.

Approx 4-5 hours of activity per day.

All local transport is included.

Please contact us for prices and dates.

Own dates possible for groups of 6-12 persons.

Send us a mail or call us and we will send a detailed description of activity program, equipment provided and any further information required.

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## PROGRAM FOR FOCUS MALLORCA/PORT SOLLER:

### Day 1: Hiking from Pto Sóller to Deià.

The walk starts at 09:00 it is 12 km long, 400mts up and 250mts down. We are going to do the classic painter's path, famous for the contrast between the turquoise sea and the green Mediterranean Pines. Today's hike takes us from Puerto Soller to Deià along the coast. We will return to Pto Sóller in mid afternoon by private van.

We need: Small back pack, mountain boots or sports shoes, water or isotonic drink, picnic and sun cream or waterproof jacket (depending on the weather)



### Day 2: Mountain bike Tour to Balitx d'Avall.

We meet at 08:45 at the front door of your hotel for distribution of bicycles and helmet. This is 20 km of track, 675 meters going up, and 675 meters coming down. Between 4 ½ – 6 hours of activity.

We need: small back pack, water or isotonic drink (recommendable) energetic food, sport shoes and sun cream or waterproof jacket (depending on the weather).



### Day 3: Canyoning in the "Torrent de Coanegra"

Transfer to Orient (30 minutes by van). Descent of the spectacular "Torrent de Coanegra" This is 1 km of technique section, 8 abseiling-rappel (maximum of 12 meters), toboggans and jumps to the water. All these components add up to an exciting, fun and adventurous day. Between 4 – 6 hours of activity plus transfer.

We need: small back pack, water or isotonic drink (recommendable) energetic food, swimming costume, mountain boots or sport shoes and other shoes to change into after the activity.



Requirements: None of the activities demand previous experience but it is essential not to suffer from vertigo and to have a minimum of physical condition. From 12 years of age.

In case of unfavorable circumstances the guide can always make the decision to change, postpone or cancel the activity.

**Price includes:** Qualified mountain guide, transfer by van (9 seats) from/to the hotel. Personal equipment officially approved by the EU, for reasons of security, for all the activities offered here. Such equipment as: Cycling helmet, mountain-bike MTB Conor, canyoning helmet, harness, carabiner, descender type 8, wet-suit (5mm), wet suit socks, canyoning back-pack, waterproof bags and accident insurance.